

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Breusegem Mathias

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN Heat:2, starttime: 09:32

Heat: 2/9 Lane : 8 Athlete: VERHEYDEN VINZ Q-time: 01:03:59

PB (50m pool): 01:03.59 Lochristi 01/02/2026 PB (25m pool): 01:02.55 SB: 01:03.59 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:03.59	
	<i>no time</i>		
	

Coach feedback:

Event number: 3: 200M BACKSTROKE MEN Heat:1, starttime: 09:53

Heat: 1/5 Lane : 5 Athlete: VERHEYDEN VINZ Q-time: 02:24:41

PB (50m pool): 02:24.41 Antwerpen 27/07/2025 PB (25m pool): 02:18.48 SB: no time

	50 M	100 M	150 M	200 M	
PB	00:32.70	01:08.90	01:47.17	02:24.41	
	<i>00:32.70</i>	<i>00:36.20</i>	<i>00:38.27</i>	<i>00:37.24</i>	
	

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN Heat:1, starttime: 10:22

Heat: 1/9 Lane : 5 Athlete: SLOS ROBBIE Q-time: 01:13:94

PB (50m pool): 01:13.94 Antwerpen 20/04/2025 PB (25m pool): 01:11.20 SB: 01:14.20 Lochristi 01/02/2026

	50 M	100 M	
PB	00:34.67	01:13.94	
	<i>00:34.67</i>	<i>00:39.27</i>	
	

Coach feedback:

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M BREASTSTROKE MEN		Heat:5, starttime: 10:29	
Heat: 5/9 Lane : 1 Athlete: DE SMAELE KEYON		Q-time: 01:09:24	
PB (50m pool): 01:07.31 Antwerpen 28/07/2024 PB (25m pool): 01:05.53 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:07.31	
	<i>no time</i>		
	

Coach feedback: